

Come & reconnect with nature

# HEALTHY WALKS

Enjoy a healthy walk exploring nature in Ladywell

Thursday 3rd June

10:30am - 11:30am or 1:30pm - 2:30pm

Meet outside  
Ladywell Children & Family Centre  
30 Rushey Mead, SE4 1JJ



Free Session

Wear suitable clothing

To book your place

go to [www.lewishamcfc.org.uk/booking-form](http://www.lewishamcfc.org.uk/booking-form)  
or text or leave a message on 07377 724243

[@lewishamchildrencentres](https://www.facebook.com/lewishamchildrencentres) [@lewishamcfc](https://www.instagram.com/lewishamcfc)

# Circus Skills

Come and join us for FREE fun circus skills workshops this Half Term Holiday

Bellingham Children and Family Centre  
109 Randlesdown Road  
SE6 3HB

Wednesday 2nd June  
10.00am-11.00am  
or  
11.30am-12.30pm



Evelyn Children and Family Centre  
Grove Street, SE8 3PZ

Friday 4th June  
12.30pm-1.30pm  
or  
2.00pm-3.00pm



Age group:  
Under 8's

To book your FREE place

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Or email: [ladywell.cc@lewishamcfc.org.uk](mailto:ladywell.cc@lewishamcfc.org.uk)



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